

# Therapy times MVP awards: Dynamic Stair Trainer



Among Most Valuable Products in the Therapy Industry!

"The St. John's Rehab physical therapists found that they started practicing stair training at an earlier stage of the rehabilitation process. The height adjustment of the stairs made it easier to individualize the patient's treatment in order to accommodate the patient's needs. The adjustability was also a time saver. It limited the need to take patients to a stairwell. Furthermore, it allowed the therapists to gradually increase the difficulty of the stairs by increasing the height of the step. The therapists found that the hand controls were very easy to use and the handrails were easy to adjust. The patients were less fearful and had less frustration and pain that is normally associated with non-adjustable stairs. The patients reported a greater sense of success, security and self-confidence. The physical therapists enjoyed using the DST and would like one for the rehabilitation department."

Elizabeth Pretorious, PT, MPT, NCS



**DST IS A UNIQUE COMBINATION OF ADJUSTABLE STAIRS AND PARALLEL BARS FOR COMPREHENSIVE GAIT TRAINING.**

**DST IS AN ADVANCED COST-EFFECTIVE REHAB TOOL ALLOWING PATIENTS TO REALIZE THEIR FULL REHABILITATIVE POTENTIAL.**

**NOW MORE PATIENTS CAN BENEFIT FROM THE DST WITH ITS NEW EXCITING ACCESSORIES!**

## UNIQUE BENEFITS:

- All-in-one solution for gait training & stairs.
- Individually programmed for patient's needs.
- Patients can exercise on their own.
- Increases patient's motivation.
- Accelerates recovery.
- Saves therapist's time & effort.
- Documents patient's progress.

## ESSENTIAL FOR:

- General rehabilitation centers.
- Pediatric rehab centers.
- Physical therapy departments.
- Cardiac rehab centers.
- Sport rehab centers.
- Skilled nursing and extended care facilities.
- Outpatient centers.

## FEATURES INCLUDE:

- Adjust stair height with push button hand control.
- Large digital display allows for easy documentation and patient motivation.
- Handrail height and width are easy to adjust.
- Anti-slip surface for added safety.
- Wheelchair accessible.

## SIMPLE TO OPERATE



Push of a button adjusts the stair step height to your patient's pace.  
Range of adjustment: from 0 to 16.5 cm. (6.5 in.) .

## ACCESSORIES



### RSR - Reversible Stair Ramp

A more moderate slope – easier for some patients to negotiate. With the flip of a lever, the RSR can be converted into three additional small stairs. This provides a total flight of seven stairs! Accommodates patients who tolerate a stair over a ramp.



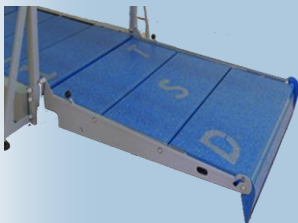
### LHR - Long Handrails

Extra-long handrails for PTS who wish to expand the use of the DST as regular parallel bars. the LHR is 50 cm. (1.6 ft.) longer than the regular handrails, giving 275 cm. (9 ft.) of horizontal parallel bars.



### WAH - Width Adjustable Handrail (right/left)

A single WAH allows the therapist to easily narrow the distance between handrails by up to 12 cm (4.7 in). Use two WAH to center patients on the stairs and/or accommodate pediatrics.



### CSRC - Convertible Stair Ramp Curb

The Convertible Stair Ramp Curb Improves floor-to-ramp transition of patients. It includes all the benefits of the RSR and many more!

Distributor:

Patented:

Manufacturer:

